



EUCCHARISTIC ADORATION SAT 18 JUNE 2022

PARA-LITURGY

EXPOSITION OF THE BLESSED SACRAMENT AT THE ALTAR

*The Priest goes to the altar, after placing incense in the censer, kneels and incenses the Holy Eucharist. **A Period of Adoration is observed.** (Please Kneel)*

Opening Hymn: HOLY GOD WE PRAISE THY NAME (4 LANGUAGES)

1. Holy God, we praise Thy Name;
Lord of all, we bow before Thee!
All on earth Thy sceptre claim,
All in heaven above adore Thee;
Infinite Thy vast domain,
Everlasting is Thy reign.
Infinite Thy vast domain,
Everlasting is Thy reign.
2. Vaanavar Geetham Ellugindrathu
Vaanavar Anigal Paadugindraargal
Vaanin Matchi Soolnthoerae
Idaividaamal Paadugindraargal
Agilangal Innisaiyaal Mulagindumae
Thooyarar, Thooyarar Andavarae
Agilangal Innisaiyaal Mulagindumae
Thooyarar, Thooyarar Andavarae
3. Para rasul berbaris
Mengikuti Anak Domba
Para nabi menyanyi
Diiringi para martir
Kini sampai slamanya
Sluruh Greja memuji.

Kini sampai slamanya
Sluruh Greja memuji.

4. 天主为爱我降生，

Tian zhu wei ai wo jiang sheng

建定圣体养我灵，

Jian ting sheng ti yang wo ling

遣令天使作我伴，

Qian ling tian shi zuo wo ban

引我升天享常生。

Yin wo sheng tian xiang chang sheng

献我身灵献我心，

Xian wo shen ling xian wo xin

尽力报谢主大恩，

Jin li bao xie zhu da en

献我身灵献我心，

Xian wo shen ling xian wo xin

尽力报谢主大恩。

Jin li bao xie zhu da en

Opening Prayer To The Blessed Sacrament *(Together)*

My Lord Jesus Christ, it is Your great love for us that keeps You day and night present in the Blessed Sacrament, full of compassion and love, waiting for us to visit You. I believe that You are really present in the Sacrament of the Altar. From the depth of my heart, I adore You and I thank You for the many graces You have given me, especially for the gift of Yourself in this Sacrament, for the gift of Your most holy Mother as my Mother and for the privilege of visiting You in this church at this time.

My Jesus, I love You with all my heart. I am sorry for my ingratitude and I now resolve, with the help of Your grace, never to offend You again. I consecrate my entire self to You, my thoughts, my feelings, and all that I have. From now on, do whatever You want with me. All I ask for is Your love and strength to do Your Holy Will.

Silent Adoration (20 min)

Adoration (Together)

I adore You, Bread from Heaven, I adore You, Bread of Angels, I adore You, My Jesus, truly present in the Blessed Sacrament.

(Pause for silent adoration – 2min)

I adore You, Jesus, my life Because You Died for love of me. I adore You, Jesus Divine Light because You show me the way to heaven, I adore You, Jesus, Divine Lamb, Who takes away the sin of the world.

(Pause for silent adoration – 2min)

My God and Saviour Jesus Christ, true God and true Man, I firmly believe that You are really and bodily present in the Blessed Sacrament of the Altar. From the very depths of my heart, I adore You.

(Pause for silent adoration -2min)

Litany of Adoration

Leader

Response

You are in the Holy Eucharist,
Body and Blood, Soul and Divinity.

I adore You, O Jesus

You are My Lord and My God.

I adore You, O Jesus

You are the Second Person
of the Blessed Trinity.

I adore You, O Jesus

You are both God and Man.

I adore You, O Jesus

You come to me in Holy Communion.

I adore You, O Jesus

You are always in the tabernacle.

I adore You, O Jesus

You take away our sins
by the Sacrifice of the Cross.

I adore You, O Jesus

You obtain grace for us by the Cross.

I adore You, O Jesus

You Offer Yourself for us
in the Holy Sacrifice of the Mass.

I adore You, O Jesus

Pause for a period of silent adoration

(Pause for silence – 2min)

Think of Jesus in the Blessed Sacrament.

(Pause for silence – 2min)

Speak to Our Lord in your own words.

(Pause for silence – 2min)

Make a promise to Jesus.

(Pause for silence – 2min)

Contrition *(Together)*

My Jesus, I am sorry for my sins. I am sorry for the times I have offended You. Help me to turn away from sin. Help me to live more like You everyday.

Litany of Contrition

Leader

Response

For loving things more than You.

I am sorry, Jesus.

For those who do not
attend Sunday Mass.

I am sorry, Jesus.

For lack of respect
for the name of God.

I am sorry, Jesus.

For lack of respect
for parents and authority.

I am sorry, Jesus.

For attacks against life.

I am sorry, Jesus.

For attacks against marriage and family.

I am sorry, Jesus.

For offending You.

I am sorry, Jesus.

For offending my neighbour.

I am sorry, Jesus.

For offending those I love.

I am sorry, Jesus.

In Your presence, we pray:

I confess to Almighty God
and to you, my brothers and sisters,
that I have greatly sinned, in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God. Amen.

(Pause to ask Jesus' help to turn away from the sin you commit most often. – 2 min)

HYMNS

O Lord I Am Not Worthy

O Lord I am not worthy
That Thou should'st come to me;
But speak the word of comfort,
My spirit healed shall be.
But speak the word of comfort,
My spirit healed shall be.

Increase my faith, dear Jesus,
In Thy real presence here
And make me feel most deeply
That Thou to me art near.
And make me feel most deeply
That Thou to me art near.

It's Your Blood

It's Your blood that cleanses me,
It's Your blood that gives me life.
It's Your blood that took my place
in redeeming sacrifice; washes me
whiter than the snow
My Jesus, God's precious sacrifice.

It's Your blood that cleanses me,
It's Your blood that gives me life.
It's Your blood that took my place
in redeeming sacrifice; washes me
whiter than the snow
My Jesus, God's precious sacrifice.

Into My Heart

Into my heart, into my heart,
Come into my heart, Lord Jesus,
Come in today, come in to stay,
Come into my heart, Lord Jesus.

Rule in my heart, rule in my heart,
Be King of my heart, Lord Jesus,
Make this Your throne, rule there alone,
Be King of my heart, Lord Jesus.

Jesus My Lord My God

Jesus, my Lord, My God, my all!
How can I love Thee as I ought?
And how revere this wondrous gift?
So far surpassing hope or thought?

Chorus: Sweet Sacrament, we Thee adore
O make us love Thee more and more.
O make us love Thee more and more.

Had I but Mary's sinless heart,
To love Thee with, my dearest King,
O with what bursts of fervent praise
Thy goodness, Jesus would I sing.

Chorus

Thanksgiving (*Please sit, recite together*)

Jesus, I thank You for the gift of my life and for every moment I live. I thank You for my parents, my family, my relatives and my friends.

Jesus, I thank You for the gift of faith, the grace of my baptism, the forgiveness of my sins, the gift of receiving Your Body and Blood in the Eucharist. I thank You for the priest, religious and teachers You send to me.

Litany of Thanksgiving

Leader

Response

Because You are in the Holy Eucharist.

Jesus, we thank You.

Because You offer Yourself in Holy Mass.

Jesus, we thank You.

祢以圣体的形式来到我们之中

主耶稣，我们感谢祢

(Because You come to us in Holy Communion.)

(Jesus, we thank You.)

祢临在于帐幕内

主耶稣，我们感谢祢

(Because You remain always in the tabernacle.)

(Jesus, we thank You.)

Kerana cinta kasihMu

yang besar terhadap kami.

(Because of Your great love for us.)

Yesus, kami bersyukur kepada-Mu.

(Jesus, we thank You.)

Kerana kebaikanmu yang
besar terhadap kami.
(Because You great goodness to us.)

Yesus, kami bersyukur kepada-Mu.
(Jesus, we thank You.)

Kerana engkau memahami
kami.
(Because You understand us.)

Yesus, kami bersyukur kepada-Mu.
(Jesus, we thank You.)

Yengalai anbe seithethinal
(Because You love us.)

Yesuve, umakei nandri
(Jesus, we thank You.)

Ēṇṇṛāl ovvoru naṇmaiṇum
uṇṇidamiruntu varukiṛatu
(Because every gift comes from You.)

Yesuve, umakei nandri
(Jesus, we thank You.)

Yesuvē, uṅgal aṇbāṇa puṇita
itayattiṅ kāraṇamāka.
*(Jesus, because of
Your Dear Sacred Heart.)*

Yesuve, umakei nandri.
(Jesus, we thank You.)

(Pause to thank Jesus for your blessings. – 2 min)

Supplication *(Please kneel)*

Jesus, I pray for peace in the world, in my family and in my heart. I ask You to bless my family and friends. I ask You to bless the poor and the homeless, the sick and the dying. I ask You to send more priests and religious, to bless our Pope, and to protect the church from all harm.

Litany of Supplication

Leader

For our Holy Father, the Bishops,
priests and religious.

For all political leaders.

Response

Hear us, O Jesus

Hear us, O Jesus

为我们的父母祈祷
(*For our parents.*)

主耶稣，请伏听我们
(*Hear us, O Jesus*)

为世界和平祈祷
(*For peace in the world.*)

主耶稣，请俯听我们
(*Hear us, O Jesus*)

为神职人员祈祷
(*For all missionaries.*)

主耶稣，请俯听我们
(*Hear us, O Jesus*)

Untuk panggilan kepada
kehidupan yang disucikan.
(*For vocations.*)

Dengarkanlah kami, ya Yesus
(*Hear us, O Jesus*)

Untuk menghormati
nyawa dan kehidupan.
(*For respect for life.*)

Dengarkanlah kami, ya Yesus
(*Hear us, O Jesus*)

Untuk Keluarga² kudus.
(*For holy families.*)

Dengarkanlah kami, ya Yesus
(*Hear us, O Jesus*)

Nōyvāyppaṭṭavarkaḷukkum irakkum
nilaiyil uḷḷavarkaḷukkum
(*For the sick and the dying.)*

Yesuvei, engal mandratai ketrarulum
(*Hear us, O Jesus*)

Thiru avaiin thevaigalukagah.
(*For the needs of the church.*)

Yesuvei, engal mandratai ketrarulum
(*Hear us, O Jesus*)

Thirusabai vitu ponnavargalukagavum
(*For those who have fallen
away from the church.*)

Yesuvei, engal mandratai ketrarulum
(*Hear us, O Jesus*)

(Pause to mention your special needs to Jesus. – 2 min)

Vocation Prayer (*Together*)

Father in heaven, we give you thanks for sending Your Son, Jesus Christ, into the world to be our Lord, Saviour and High Priest.

We believe that, in the power of the Holy Spirit, Jesus won for us the gift of eternal life by His sacrifice on the Cross.

We believe that Jesus renews this Sacrifice in the Holy Eucharist, through the ministry of His priests.

Father, we earnestly beseech you to raise up holy priests in your Church. Grant young men the strength to accept generously the call to the priesthood. May they joyfully give their lives so that all your people can receive your Holy Word and Sacraments, especially the Holy Eucharist, the great gift of the Body and Blood of your Son, Jesus Christ, our Lord, Saviour and High Priest, in whose name we make our prayer. Amen.

BENEDICTION

All kneel in Reverent Adoration. Priest incenses the Holy Eucharist.

Hymn of Adoration: **HUMBLY WE ADORE THEE**

Humbly We adore Thee, Christ Redeemer King,
Thou art Lord of Heaven, Thou to whom we sing.
God the might-y, thou hast come, Bearing gifts of grace;
Son of Adam still thou art: Saviour to our race.

Jesus, Lord, we thank thee, For this wondrous Bread;
In our land thou dwellest, By thee we are fed.
We who share this Mys-te-ry, In thee are made one:
Ev'ry act we offer thee, In thy Name is done.

Thou who died to save us, Livest as our Light:
Though our eyes are blinded, Yet our Faith gives sight.
Christ, do thou be mer-ci-ful, Lamb for sinners slain,
We in grief confess our guilt: Cleanse our souls of stain.

DOWN IN ADORTION

Down In Adoration Falling,
This Great Sacrament We Hail,
Ancient Types Have Long Departed,
Newer Rites Of Grace Preva...il,
Faith For All Defects Supplying,
Where The Feeble Senses Fail,
Glory Let Us Give And Blessing,
To The Father And The Son
Honour, Might And Praise Addressing,
While Eternal Ages Run,
Equal Praise To Him Confessing,
Who Proceeds From Both As One. A....Men

DIVINE PRAISE

BLESSED BE GOD
BLESSED BE HIS HOLY NAME
BLESSED BE JESUS CHRIST, TRUE GOD AND TRUE MAN
BLESSED BE THE NAME OF JESUS
BLESSED BE HIS MOST SACRED HEART
BLESSED BE HIS MOST PRECIOUS BLOOD
BLESSED BE JESUS IN THE MOST HOLY SACRAMENT OF THE ALTAR
BLESSED BE THE HOLY SPIRIT, THE PARACLETE
BLESSED BE THE GREAT MOTHER OF GOD, MARY MOST HOLY
BLESSED BE HER HOLY AND IMMACULATE CONCEPTION
BLESSED BE HER GLORIOUS ASSUMPTION
BLESSED BE THE NAME OF MARY, VIRGIN AND MOTHER.
BLESSED BE ST. JOSEPH, HER MOST CHASTE SPOUSE
BLESSED BE GOD IN HIS ANGELS AND IN HIS SAINTS.

O SACRAMENT MOST HOLY

O SACRAMENT MOST HOLY
O SACRAMENT DIVINE
ALL PRAISE AND ALL THANKSGIVING

BE EVERY MOMENT THINE.

CLOSING HYMN: GIVE THANKS (4 LANGUAGE)

感谢以感恩的心

GAN XIE YI GAN EN DI XIN

感谢至圣的天主

GAN XIE ZHI SHENG DI TIAN ZHU

感谢因祂赐给我们

GAN XIE YIN TA CI GEI WO MEN

祂爱子耶稣

TA AI ZI YE SU

NANDRI ULLAM NIRAIVUDAN

NANDRI PARISUTHARKAE

NANDRI DHEVAKUMAARAN YAESUVAI THANDHAAR

KINI YANG LEMAH JADI KUAT,

YANG MISKIN JADI KAYA,

DIMUNGKINKAN OLEH KASIHNYA

AND NOW LET THE WEAK SAY I AM STRONG

LET THE POOR SAY I AM RICH

BECAUSE OF WHAT THE LORD

HAS DONE FOR US. GIVE THANKS!

DISMISSAL